Pinelands October 2024

sunday monday	tuesday	wednesday thursday	friday	saturday
	1 Office Lingo Bingo 5:30- 6:30PM	2 3 Eating Well & Diabetes 5:30-6:30PM	4	5
6 7 Community Connection 12-2PM	8 Long Term Care Planning 5:30-7PM	9 10 Healthy Cooking for Kids 5:30-7PM	11	12
13 14 Center Closed	Uomens Support Group 5:30-7PM	16 17 All About PATH 5:30-6:30PM	18	Father Child Pumpkin Painting 11AM-1PM
20 21	22 Teen Scene 5:30-6:30PM	23 24 Unclaimed Property 5:30-6:30PM	25	26
27 28	Teen & Adult Art Class 5:30-7PM	Healthcare Application Assistance 10-2PM		<u>ter Hours</u> Jay 10-5PM

55 Pemberton Browns Mills Road Browns Mills, NJ 08015 609-261-5847



Monday 10-5PM Tuesday 11-7PM Wednesday 10-5PM Thursday 11-7PM Friday 10-1PM

www.PinelandsFSC.org

Registration Required for Programs

All About PATH Program: Projects for Assistance in Transition from Homelessness (PATH) provides community-based case management and outreach services to Burlington County adults who are dealing with a serious and persistent mental illness and are homeless or are at risk of becoming homeless. A representative from Legacy will come in to go over this program in detail. This program also provides targeted case management services for military veterans experiencing homelessness and mental health issues. Dinner provided.

Eating Well & Diabetes: In Partnership with Food Bank of Southern New Jersey, presents Eating Well and Diabetes. This 4-part FBSJ signature course for individuals living with (or without) or at risk for Type II Diabetes. Participants learn how to create healthier versions of their favorite foods and use healthy alternatives to foods they crave. **Program Coordinators will prepare food in class and Participants are given ingredients to replicate recipes at home.**

Father Child Pumpkin Painting: Dads and father figures, bring the kids for some pumpkin creations! Pumpkins and refreshments provided. All are welcome! **Please register for EACH PERSON participating to ensure we have the correct number of pumpkins for the program**

Halloween at the Center: Come to the Center for a Treat & take home project!

Healthy Cooking for Kids: Granola the Great! In this class we will learn how to make a quick and easy stovetop granola that can be used in delicious breakfast and lunch recipes which we will create! Homemade granola can be much more nutritious than store bought. Kids will love these ideas for tasty treats and parents will love it for quick back-to-school ideas!

Healthcare Application Assistance: A Healthcare Navigator will help you learn about your options for quality, affordable health care for you, your family or your small business. Drop in or set up an appointment with the Healthcare Navigator for FREE by calling 1-877-962-8448 or visiting their website www.centerffs.org

Long Term Care, Medicaid & Incapacity Planning: Don't let Medicaid take your home! In sickness and in health & long term care planning? A home is often the most valuable asset that a person owns, but what happens to that home if the owner requires Medicaid coverage? Is it true that Medicaid can take the home? Join us as we discuss how to best protect your assets and qualify for Medicaid, long term planning and caring for each other during the golden years. **Dinner Provided**

Office Lingo Bingo: The business world is full of corporate buzzwords, they are typically shared on a Forbes or HBR article and make their way into the boardrooms and creep into email chains, slack chats and teams channels. Women's Opportunity Center will be here at the Center with a fun Bingo game that helps incorporate these terms into everyday work culture. Winners will receive a prize. Dinner will be served.

Teen Scene Beating the Blues: In Partnership with NJ4S, Come learn how to better manage your emotions and overcome negative feelings. you will learn how to focus your mind on being more productive. **Dinner Provided**

Teen & Adult Art Class: Come to the Center to work on a fun Adult Art Project with Dorann & Nicole! **Ages 12 +**

Unclaimed Property: Unclaimed Property is any financial asset that has been unclaimed by its rightful owner for a specific time period. The State of New Jersey, Unclaimed Property Administration (UPA)'s mission is to reunite owners with their unclaimed financial assets free of charge. **Dinner Provided**

Women's Support Group: Join us for an evening of friendship and support as we discuss our challenges and achievements in our Women's Support Group. Led by local community members, it's a great place to make new friends as well! **Dinner provided. Monthly Theme: TBD**