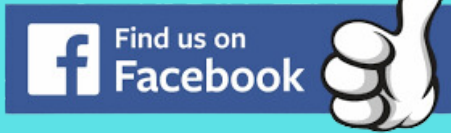


May



2025

sunday monday tuesday wednesday thursday friday saturday



1
Mothers Day
Gift Making
5:30-6:30PM

2
Cinco De
Mayo Dinner
5-7PM

3
Lace Up
Against
Stigma 5K
Run & 1 Mile
Walk 9AM

4

5
*Cinco
De
Mayo*

6
Foodie
Favorites
5:30-7PM

7
Wellness
Wednesday
12:30-1:30PM

8
Team Youth
BBQ
5-7PM

9

10



12
Community
Connection
12-3PM

13
Aging Gracefully at
Home
11-12PM
Women's Support
Group
5:30-7PM

14
Wellness
Wednesday
12:30-1:30PM

15
Teen &
Adult Art
Class
5:30-7PM

16

17

18

19

20

21
Wellness
Wednesday
12:30-1:30PM

22

23

24

25

26
**MEMORIAL
DAY**
Center Closed

27

28
Healthcare
App
Assistance
10-2PM

29

30

31

55 Pemberton Browns Mills Road
Browns Mills, NJ 08015
609-261-5847
www.PinelandsFSC.org

Center Hours
Monday 10-5PM
Tuesday 11-7PM
Wednesday 10-5PM
Thursday 11-7PM
Friday 10-1PM

Registration Required for Programs

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Aging Gracefully at Home: Hosted by Olga St. Pierre Real Estate Team: Are you realizing that you could use some assistance in your home? Perhaps you are thinking about your parent's needs. We will learn about the variety of services available as well as how to begin financially planning for them. We will also share changes you can make in the home to best suit your needs as you get older. **Register here:**<https://www.eventbrite.com/e/senior-series-aging-in-your-own-home-registration-1217964166609?aff=oddtcreator>

Foodie Favorites: Chef Laurel is back for yet another yummy recipe this month: Shrimp Bowls w/ Scallion Vinaigrette: Quinoa, Broccoli, Large Shrimp, Fresh Ginger, Rice Vinegar, Plum Tomatoes, Avocado (as long as they are available in May)
Adults only. Please only register one adult per household

Community Connection & Resource Guide: All referrals should be made utilizing a specified referral form that provides a synopsis of the individuals' current situation. Referral forms can be obtained by e-mailing a request to: TBD

Healthcare Application Assistance: A Healthcare Navigator will help you learn about your options for quality, affordable health care for you, your family or your small business. Drop in or set up an appointment with the Healthcare Navigator for FREE by calling **1-877-962-8448** or visiting their website www.centerffs.org **5/5 & 5/28**

Teen & Adult Art Class: Come to the Center to work on a fun Adult Art Project with Nicole!
Ages 12 +

Mothers Day Gift Making: Bring the kids to the Center so they can create an amazing Mother's Day gift! We're not telling what it is, it's a surprise!

Women's Support Group: Join us for an evening of friendship and support as we discuss our challenges and achievements in our Women's Support Group. Led by local community members, it's a great place to make new friends as well! **Dinner provided.**

Monthly Theme: A Conversation get to know each other come join us!

Team Youth BBQ: Come celebrate all your hard work this year with Team Youth, BBQ style! Youth who participated in at least one Team Youth Initiative Program will receive an invitation to register via email.

Lace Up Against Stigma 5K Run & 1 Mile Walk: Prevention Plus of Burlington County is hosting the third annual Lace Up Against Stigma 5K Run and 1 Mile Walk to promote the commitment of being stigma-free against mental health disorders, substance use disorder, and more! Proceeds of this fundraiser will benefit Burlington County community members and residents by helping fund prevention education programs that are delivered throughout the county.

Pinelands FSC will sponsor three families to participate in the 1 mile walk!

See Prevention Plus of Burlington County's Facebook page for more information.