

April 2023



"The same boiling water that softens the potato hardens the egg. It's about what you're made of, not the circumstances." -Unknown



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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2	3	4 Suicide Prevention Training 6:00 PM – 8:00 PM	5	6 Pemberton Township Playstreets 4:00 PM – 7:00 PM	7	8 Eggstravaganza 11:00 AM-2:00 PM
9	10 Community Connection & Resource Guidance 12:00 PM – 3: 00 PM	11 Women's Support Group 5:30 PM – 7:00 PM	12	13 Creative Kids Earth Day Classes 11:00 AM – 12:30 PM	14 Virtua Mobile Pediatrics Van Covid19 Clinic 9:00 AM – 1:00 PM	15
16	17	18 Parent Café Incentive Provided 6:00 PM – 8: 00PM	19	20 Team Youth Initiative Program Mental Health 5:00 PM – 6:00 PM	21	22 Lace Up Against Stigma 9:00 – 11:00 AM
23	24	25 Food and Finance Part 3 Incentive Provided 5:30 PM – 6: 30 PM	26 Healthcare Application Assistance 10:00 AM – 2:00 PM National Pretzel Day Give Away 5:00 PM – 7:00 PM	27 Team Youth Initiative Program Job Smart 5:00 PM – 6:00 PM	28 10 Easy Ways to Organize Your Kitchen 2:00 PM – 3:00 PM	29
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55 Pemberton-Brown Mills Rd. Browns Mills, NJ 08015

Phone: (609) 261-5847
www.PinelandsFSC.org

HOURS OF OPERATION:

Monday 10am-5pm
Tuesday 11am-7pm
Wednesday 10am-5pm
Thursday 11am-7pm
Friday 10am-1pm

HOURS SUBJECT TO CHANGE

All Activities and Programs offered by the Center are FREE and open to everyone. JOIN US!

PINELANDSFSC.ORG



@PinelandsFSC



Find us on Facebook

REGISTRATION REQUIRED FOR MOST PROGRAMS.



Community Connection & Resource Guidance – Community members are invited to the center to make a connection with us and become informed of resources available in Burlington County. Walk-ins welcome.

Creative Kids Earth Day - Come Celebrate Earth Day at the PFSC for a morning of fun hands-on activities for the kids! Classes will split into two sessions: 11- 11:45 ages 4-7 and 11:45-12:30 ages 8-10. Register Online: www.pinelandsfsc.org.

Eggstravaganza - The Pinelands FSC is "eggcited" to take part in this amazing event! Bring the kids to enjoy a scavenger hunt, meet the Easter Bunny and more! Be sure to stop by our table for an extra treat, fun and giveaways! This program is sponsored by Pemberton Recreation and Pemberton TAG.

Food and Finance | Part 3 | Incentive Provided - This monthly, three-part series, will help you learn how to shop healthy on a budget and meal planning. Participants will also learn how to create a menu plan and shopping lists. The final class will take place at a local grocery store (TBD) where participants will receive a \$100 grocery gift card to use! ****Note- You must attend all three sessions to be eligible for \$100, which must be spent during final shopping trip**** Class Dates: 2/28, 3/28, and 4/25 (the fourth Tuesday of the month) This program is in partnership with the Food Bank of South Jersey. Register Online: www.pinelandsfsc.org

Healthcare Application Assistance - A Healthcare Navigator will help you learn about your options for quality, affordable health care for you, your family or your small business. Drop in or set up an appointment with the Healthcare Navigator for FREE by calling 1-877-962-8448 or visiting their website www.centerffs.org

Lace Up Against Stigma - Prevention Plus of Burlington County is hosting the first annual Lace Up Against Stigma 5K Run and 1 Mile Walk to promote the commitment of being stigma-free against mental health disorders, substance use disorder, and more! Proceeds of this fundraiser will benefit Burlington County community members and residents by helping fund prevention education programs that are delivered throughout the county. Pinelands FSC will sponsor three families to participate in the 1-mile walk! See Prevention Plus of Burlington County's Facebook page for more information. Register Online: www.pinelandsfsc.org

National Pretzel Day Giveaway - Who doesn't love a soft pretzel? Pinelands FSC is happy to sponsor the pretzels for this awesome day! In partnership with Pemberton Recreation, Pemberton TAG, Pemberton Township Police Department, Local PBA 260 and the Governor's Council on Alcoholism and Drug Abuse, we will be at two locations around town giving away FREE soft pretzels! Stop by Power's Pharmacy or Imagination Kingdom for a snack and say hi!

Parent Café | Incentive Provided - Parent Cafés are physically and emotionally safe spaces where people talk and listen to each other on topics that matter to them, such as the challenges and victories of raising a family, navigating landscapes of inequality, enhancing well-being, or being involved in the recovery process of someone they love. Join us, Generations FSC and the County Council for Young Children for our first ever virtual Parent Café. Participants will receive a \$20 Amazon gift card for attending. Register Online: www.pinelandsfsc.org

Pemberton Township Playstreets - The Burlington County Partnership for Youth Success, Pemberton TAG, Pemberton Recreation and the Pinelands FSC are hosting our second Playstreets event! Join us for family fun, resource tables, food and more! For more information, see our Facebook page. No registration necessary. 1 Anderson Rd. Pemberton

Suicide Prevention Training - Nationally recognized certification training teaches participants how to recognize warning signs of someone who may be contemplating suicide and how to "Questions Persuade and Refer" them to the help they need. Certification is Free and valid for three years. This program is offered by Pemberton TAG and Pemberton Recreation. Registration is required: https://linktr.ee/pembertontag?utm_source=qr_code.

Team Youth Initiative Program | Job Smarts - The Pinelands FSC and Life Opportunities, Inc. have partnered to bring this extremely beneficial **Teen Mentoring Program** to the teenagers in our community. Topic Examples are: Financial Literacy, Facing Challenges, Dangers of Human Trafficking, Dangerous Effects of Smoking and Vaping, Mental Health, and Preparing for the Workforce. Parents are required to remain at the Center during the program and are encouraged to participate with their child. Register Online: www.pinelandsfsc.org

Team Youth Initiative Program | Mental Health - The Pinelands FSC and Life Opportunities, Inc. have partnered to bring this extremely beneficial **Teen Mentoring Program** to the teenagers in our community. During each meeting a mentor from our community will cover a different topic relevant to teens' lives. Topic Examples are: Financial Literacy, Facing Challenges, Dangers of Human Trafficking, Dangerous Effects of Smoking and Vaping, Mental Health, and Preparing for the Workforce. Parents are required to remain at the Center during the program and are encouraged to participate with their child. Register Online: www.pinelandsfsc.org

10 Easy Ways to Organize Your Kitchen | Zoom- During this workshop we will discuss the 10 things that organized kitchens all have in common. A little bit of decluttering, organizing and labeling can truly transform your kitchen space. There are so many different inexpensive ideas to try! *This program is offered with our partnership via Olga St. Pierre Real Estate Team (Keller Williams RE) Register online: <https://www.eventbrite.com/e/539165587787>

Virtua Mobile Pediatrics Van Covid19 Clinic | All Ages - Virtua's Pediatric Mobile Services vehicle will provide COVID-19 vaccines. COVID Booster doses are available to any interested individual. Take advantage of this fast, free opportunity to receive the protection vaccines provide. Pfizer Bivalent Booster for 11& under and 12+ & now offering Moderna for kids 6 months to 4yrs old. Register Online: www.pinelandsfsc.org or walk in.

Women's Support Group - Join us for an evening of friendship and support as we discuss our challenges and achievements in our Women's Support Group. This month's theme is "Peace" where you'll be working on a spring communal project together. Led by local community members, it's going to be a great place to make new friends as well! Dinner provided. Register Online: www.pinelandsfsc.org