

# March



# 2025

sunday

monday

tuesday

wednesday

thursday

friday

saturday

### Center Hours

Monday 10-5PM

Tuesday 11-7PM

Wednesday 10-5PM

Thursday 11-7PM

Friday 10-1PM



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**Nurtured Heart**  
5:30-7PM

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**Unclaimed Property**  
5:30-6:30PM

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**Lucky Leprechaun Bingo**  
5:30-7PM

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**Community Connection**  
12PM-2PM

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**Foodie Favorites| Adults**  
5:30-7PM

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**Team Youth Write a Story**  
5:30-6:30PM

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**Money 101 Workshop**  
5:30-7PM

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**Wellness Wednesday**  
12:30-1:30PM

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**Teen & Adult Art Class**  
5-6:30PM

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**Womens Support Group**  
5:30-7PM

26

**Healthcare Application Assistance**  
10AM-2PM

27

**Team Youth | Visual Storytelling**  
5:30-6:30PM

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**55 Pemberton Browns Mills Road  
Browns Mills, NJ 08015  
609-261-5847**

[www.PinelandsFSC.org](http://www.PinelandsFSC.org)

**Registration Required for Programs**

# Registration Required for Programs

**Community Connection & Resource Guide:** All referrals should be made utilizing a specified referral form that provides a synopsis of the individuals' current situation. Referral forms can be obtained by e-mailing a request to: TBD

**Foodie Favorites:** Chef Laurel is back for yet another yummy recipe this month: TBD **\*Adults only. Please only register one adult per household\***

**Healthcare Application Assistance:** A Healthcare Navigator will help you learn about your options for quality, affordable health care for you, your family or your small business. Drop in or set up an appointment with the Healthcare Navigator for FREE by calling **1-877-962-8448** or visiting their website **www.centerffs.org**

**Lucky Leprechaun Bingo:** It's your lucky day! Bring the family to our Lucky Leprechaun Bingo for an evening of fun and friends. Dinner served from 5:30-6, bingo starts at 6pm Sharp! Bingo Prizes: **Prizes are geared towards children. Limit of one bingo prize per person. Prizes may vary.**

**Money 101: How Money Works:** How can you reach your financial goals and dreams? Join us for a complimentary financial workshop to learn about: types of saving accounts, ways to eliminate debt, retirement savings, and much more. **Dinner Provided.**

**Nurtured Heart Approach:** In partnership with NJ45, we invite parents and caregivers to learn about and discuss the Nurtured Heart Approach (NHA). NHA is an evidence based program designed to parents engage and support their children.

**Team Youth | Write Your Own Story & Art of Visual Storytelling:** The Pinelands FSC and Life Opportunities, Inc. have partnered to bring this extremely beneficial Teen Mentoring Program to the teenagers in our community. The Team Youth Initiative will meet twice a month from January to April. During each meeting a mentor from our community will cover a different topic relevant to teens' lives. **Dinner Provided**

**Unclaimed Property** is any financial asset that has been unclaimed by its rightful owner for a specific time period. The State of New Jersey, Unclaimed Property Administration (UPA)'s mission is to reunite owners with their unclaimed financial assets free of charge. We will give a brief presentation and afterwards our staff will be available to search individual names on the Unclaimed Property database. **Dinner Provided**

**Wellness Wednesdays:** While some stress can motivate and encourage a positive mindset towards challenges, other types of stress can have a significant impact on our health and well-being. This 3-part series will take a closer look at the nature of stress: what it is, the different types, how to assess our stress levels, and coping strategies for managing stress in our lives. Use link to Register:

**[https://rutgers.zoom.us/webinar/register/WN\\_XZaodhvVQrygjuDQa6m-tg#/registration](https://rutgers.zoom.us/webinar/register/WN_XZaodhvVQrygjuDQa6m-tg#/registration)**

**Women's Support Group:** Join us for an evening of friendship and support as we discuss our challenges and achievements in our Women's Support Group. Led by local community members, it's a great place to make new friends as well! **Dinner provided. Monthly Theme:TBD**