

January 2021



The New Year stands before us, like a chapter in a book, waiting to be written.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All YouTube programs will be available on our YouTube channel beginning January 1 st					1 CENTER CLOSED NEW YEAR'S DAY	2 Food Delivery from Crossroads Community Church
3	4 	5 Community Round Table Incentive Provided 6:00 – 7:00 PM	6 RCBC Employment Workshop Wednesday 6:00 – 7:00 PM	7 Team Youth Initiative 5:00 – 6:00 PM 	8 Virtual Resume Writing Assistance	9
10	11	12 How to Safely Treat Pests Incentive Provided 5:00 – 5:30 PM	13 STEAM Chemistry Magic 4:30 – 5:00 PM 	14 Active Parenting 6 School Success Incentive Provided 10:00 – 12:00 PM	15 Virtual Home Hunting Assistance	16 Healthy Cooking for Kids 2 Bean Chili
17	18 CENTER CLOSED MARTIN LUTHER KING JR. DAY Martin Luther King, Jr. Day	19 Financial Literacy with Investors Bank Incentive Provided 4:30 – 5:30 PM	20 Cooking Matters for Teens Incentive Provided 4:30 – 5:15	21 Team Youth Initiative 5:00 – 6:00 PM	22 Kids Craft Ages 8-12	23 Foodie Favorites Crockpot Stew
24/31	25	26 Pre-school Story and Craft 4:00 – 4:30 PM	27 Nutrition and You Incentive Provided 5:00 – 5:30 PM	28 Parents Helping Parents Group 7:00 – 8:30 PM	29 	30

CENTER IS TEMPORARILY CLOSED DUE TO PANDEMIC UNTIL FURTHER NOTICE

To schedule an appointment please call:
(609) 261-5847

All activities and programs offered by the Center are FREE and open to everyone. Join us!

55 Pemberton-Browns Mills Rd.
Browns Mills, NJ 08015

WWW.PINELANDSFSC.ORG



@PinelandsFSC



Find us on Facebook

REGISTRATION REQUIRED FOR SOME PROGRAMS.



VIRTUAL PROGRAMS DELIVERED VIA ZOOM VIDEO CONFERENCING, GOOGLE MEET AND YOUTUBE

Active Parenting 6 - School Success | Incentive Provided (Zoom) - Active Parenting for School Success is the final chapter in the Active Parenting training. Participants will build upon lessons from previous sessions with the specific goal to help their child succeed in school. Dr. Popkin builds upon the seven smart things "Active Parents" do to make the school experience special and successful. **The first 6 individuals to register and attend will receive a \$15 Wawa gift card** Register Online: www.pinelandsfsc.org

Community Round Table | Incentive Provided (Zoom) - Community members are invited virtually to discuss how the Family Success Center can best support our community through programs and activities for children and families. **The first six individuals that register and attend will receive a \$15 Wawa gift card** Register Online: www.pinelandsfsc.org

Cooking Matters for Teens | Incentive Provided (YouTube) - Cooking Matters for Teens will cover basic nutrition, food safety, and food budgeting. Parents/Guardians, please register only teenagers. **The first five individuals to register and attend will receive a \$10 Amazon gift card** Register Online: www.pinelandsfsc.org

Financial Literacy with Investors Bank | Incentive Provided (Zoom) – Many Americans are currently in debt, whether it be from a credit card, student loan, or mortgage. Investors Bank will share valuable tools to help you manage your finances and get out of debt. *Participants will receive a \$15 gift card incentive after completion of the program** For more information about Investors Bank and their Financial Fitness Center visit: <https://investorsbank.everfi-next.net/welcome/customer> Register Online: www.pinelandsfsc.org

Food Delivery from Crossroads Community Church - In partnership with the Crossroads Community Church of Shamong, we are pleased to offer food deliveries to families residing in Pemberton/Browns Mills that could use a little support with family meals. After registering you will receive a call from Crossroads to schedule your delivery date. **Please note deliveries will only be made to those residing in Pemberton/Browns Mills**

Foodie Favorites | Crockpot Brunswick Stew (YouTube) - Chef Laurel teaches us how to create a delicious Brunswick Stew in the crockpot, perfect for a cold winter day. You will need: 1.5 lbs. boneless, skinless chicken breast; 3 medium potatoes; 1 medium onion; 1- 28oz can crushed tomatoes; 1- 15oz can lima beans; 1- 14oz can cream style corn; Worcestershire Sauce; salt; 8 slices bacon; dried marjoram leaves; red pepper sauce. This cooking demonstration can be viewed on the Pinelands FSC YouTube channel. **The first 5 people to register will receive a \$25 acme gift card to purchase the ingredients for this meal!** Register online: www.pinelandsfsc.org

Healthy Cooking for Kids | 2 Bean Chili (YouTube) - Winter Warmer – Vegan, or not, 2-Bean Chili. The temps are freezing but a sure-fire way to warm things up is with a steamy bowl of chili! This Tex-Mex favorite is loaded with protein, fiber and all the veggies you need to keep you going strong. You have lots of options to add ground beef, turkey, chicken, or soy crumbles. You will need: olive oil, butter or non-stick spray; 1 onion (chopped, frozen is acceptable); 2 cloves garlic; 1 zucchini; mushrooms; 1 package soy crumbles or other vegetarian meat substitute (ground meat or turkey can be substituted if desired); chili powder; cumin; 1 can black beans; 1 can pinto beans; 4 cups tomato sauce. This cooking demonstration can be viewed on the Pinelands FSC YouTube channel.

How to Safely Treat Pests | Incentive Provided (Zoom) - This program will review pests and pesticides with suggestions to remove pests that carry diseases which can harm your family. The program is provided in partnership with the Southern New Jersey Perinatal Cooperative. **The first six to register and attend will receive a \$15 Wawa gift card and two participants will be randomly chosen to receive a Healthy Homes Bag** Register Online: www.pinelandsfsc.org

Kids Craft | Ages 8-12 - Pinelands FSC wants kids to explore their creative side! We will send your child a surprise craft kit in the mail to make something fun and original! We can't wait to see what your child creates! Register Online: www.pinelandsfsc.org

Nutrition and You | Incentive Provided - This session will discuss what young bodies need for positive growth and development and how parents should model good eating habits. You will learn about easy; fun snacks you can make with young children and will use a developmental screening to help promote good nutrition. This program is in partnership with the Southern Jersey Perinatal Cooperative. **The first 6 participants to register and attend will receive a \$15 Wawa gift card** Register Online: www.pinelandsfsc.org

Parents Helping Parents Group (Zoom) - The Family Support Organization invites parents and caregivers to join this Zoom peer support group to offer and receive support through shared experience. To attend go to the FSO Newsletter: <https://drive.google.com/file/d/15rOtG2lpgFENN6SZ92dMGwZT0n3AAWZV/view> and click JOIN. Questions? email sgarrity@fsoburlco.org

Preschool Story and Craft (Zoom) - Preschool aged students are invited to attend Story and Craft Time with our Community Partner, Jenni. Books and crafts will be mailed to your home. Register Online: www.pinelandsfsc.org

RCBC Employment Series | Workshop Wednesday (Google Meet) – Join RCBC for their Career Services team's Workshop Wednesday series. To join, click this link prior to the 6pm start time: <https://meet.google.com/jfd-gjpi-dxh> For more information about this program visit: www.rcbc.edu/workforce

STEAM | Chemistry Magic (Zoom) - Pinelands FSC will ship a kid's chemistry set to your home and Ms. Julie will host a Zoom meeting to teach about the magic of science! **You must be able to pick up your kit at the Center on Monday, Jan 11, between 10am-2pm** Register Online: www.pinelandsfsc.org

Team Youth Initiative (Zoom) - The Pinelands FSC and Life Opportunities, Inc. have partnered to bring the **Teen Mentoring Program** to teenagers in our community. The Team Youth Initiative will meet virtually twice a month from January to May. 1/7/21 session will encourage our youth to make better choices, when faced with life dilemmas. 1/21/21 session will focus on being involved in your community and voting in local elections. Register Online: www.pinelandsfsc.org

Virtual Home Hunting Assistance - Are you looking to move but not sure where to look? For help contact Ric at ricarpenter@prevplus.org or call 609-261-5847 Option 3

Virtual Resume Writing Assistance - Do you need to create or update your resume? For help contact Ric at ricarpenter@prevplus.org or call 609-261-5847 Option 3

YouTube Videos will go live January 1st and will remain available for viewing at your convenience. Registration is required for some programs.

For all Zoom programs you will receive and email with the Zoom link at least 24 hours before the program.

To find YouTube programs simply search Pinelands Family Success Center on YouTube.